

Consultation Agreement toward EMDRIA Approved Consultant Status

This agreement is made between Andrew M. Leeds, Ph.D. (Consultant) and \_\_\_\_\_ Consultant in Training referred to as "CIT" or "I".

Nature of Service: CIT is seeking consultation services to increase CIT's skills in providing Consultation in the use of EMDR by clinicians who have completed or are taking an EMDRIA approved training in EMDR therapy. Learning objectives can include perceptual, conceptual, and instructional skills involving the theoretical, practical and technical application of EMDR as a method of psychotherapy. EMDR case formulation and treatment planning skills as well as consultation strategies and evolving standards of consultation may also be addressed.

Limits of Service: It is expressly understood that no supervision or employment relationship exists between Consultant and CIT. CIT is independently licensed or credentialed to practice psychotherapy in his or her jurisdiction and maintains malpractice insurance. CIT remains solely responsible for the nature and quality of the services provided to CIT's clients. Consultant agrees to provide CIT information based on available research, scholarly consensus, EMDRIA standards, and Consultant's experience for CIT to consider. CIT will at all times rely on his or her own judgment and discretion in offering consultation services to CIT's clients.

Confidentiality: CIT will request his or her consultation clients to obtain written informed consent from patients for any disclosures prior to their clients presenting any confidential case material to CIT and Consultant. CIT will request his or her clients to alter, omit, or redact potentially identifying information from all case material before presenting it to CIT.

Evidence of fidelity in the use of EMDR: Meta-analysis of EMDR outcome research shows that degree of fidelity to the EMDR procedures and treatment principles directly predicts degree of client improvement. Therefore it is agreed that before Consultant will write a letter in support of EMDRIA Approved Consultant status for CIT, CIT will provide Consultant with documentation that CIT is able to recognize when EMDR trained clinicians are meeting or failing to meet reasonable standards of satisfactory fidelity to standard EMDR principles, procedures and protocols, and that CIT is able to provide effective consultation services that assist clinicians in meeting those standards. This documentation will include: 1) one or more near verbatim transcripts or video recordings of EMDR treatment sessions that CIT has annotated with feedback for CIT's client(s) and 2) one or more case summary forms for evaluation of EMDR treatment planning or treatment review that CIT has annotated with feedback for CIT's client(s).

Fees: CIT will pay Consultant a fee of \$160 per hour of service for consultation. Payments may be by credit card or by check within 7 days of services being rendered. CIT will provide 2 business days notice to cancel or reschedule consultation appointments or pay the standard fee.

Resolution of issues: Consultant and CIT abide by their respective professional organizations' code of ethics. If any ethical issues arise related to the consultation relationship, Consultant and CIT will make every effort to resolve them informally and with good will.



Andrew M. Leeds, Ph.D.  
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Phone: (707) 579-9457  
Fax: (707) 703-5334

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/ST/ZIP: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Email: \_\_\_\_\_