

## Remote Consultation Agreement toward EMDRIA Certification

This is a consultation agreement is between Andrew M. Leeds, Ph.D. (Consultant) and \_\_\_\_\_ (Consultee). It is the only agreement between us.

Nature of Service: Consultee is seeking consultation services to meet the consultation requirement for EMDRIA Certification in EMDR. Specific learning objectives include perceptual, conceptual, and procedural skills involving the theoretical, practical and technical application of the AIP model and EMDR as a method of psychotherapy. The focus will be on mastery of the **standard EMDR protocol for the treatment of PTSD** as described in Shapiro's 2001 text and Leeds's 2016 text. EMDR case formulation and treatment planning skills will also be addressed. Screening procedures and issues of differential diagnosis for dissociative disorders may also be addressed; however, to meet EMDRIA community standards for hours toward Certification, Consultee agrees that *modified EMDR treatment protocols* required for applying EMDR treatment to those with dissociative or personality disorders *will not be addressed*.

Limits of Service: It is expressly agreed that no supervision or employment relationship exists between Consultant and Consultee. Consultee – or Consultee's legally mandated supervisor if any – remains solely responsible for services provided to Consultee's clients. Consultant will provide information based on research, scholarly consensus, and Consultant's experience for Consultee to consider. Consultee will at all times rely on his or her own judgment in offering specific psychotherapy services to Consultee's clients.

Evidence of fidelity in the use of EMDR: Meta-analysis of EMDR treatment outcome research shows that degree of fidelity to the standard EMDR protocol and the AIP model predict degree of client improvement. Therefore it is agreed that before Consultant will write a letter in support of EMDRIA certification for Consultee, Consultee will provide Consultant with behavioral work samples (by video recording or near verbatim transcript) of multiple EMDR treatment sessions that demonstrate **satisfactory fidelity to the standard EMDR protocol and procedural steps and for standard EMDR treatment planning and implementation for PTSD**. It is understood that more than one review is generally needed to provide evidence of satisfactory fidelity for both procedural steps and treatment planning and implementation. It is understood that Consultee *may* need to complete more than the minimum number of consultation hours required by EMDRIA to demonstrate satisfactory fidelity. Consultee *may* need to pursue additional study of the standard texts or obtain additional training in order to demonstrate satisfactory fidelity. It is recommended that Consultee begin presenting behavioral work samples of reprocessing sessions to Consultant by the third of hour of consultation. Consultant will notify Consultee at each review of procedural fidelity regarding general and specific issues of satisfactory and unsatisfactory procedural fidelity.

Confidentiality: Consultee will notify clients and obtain written informed consent for consultation prior to presenting any case material to Consultant. Consultee will omit or redact any and all potentially identifying information from written materials and in oral discussions with Consultant. Consultation will focus on principles and fidelity in application of EMDR treatment for kinds of cases, not for specific or identified cases.

Fees: Consultee will pay Consultant a fee of \$200 per hour of service for consultation. If consultee requests consultant to review videotapes or audiotapes without consultee in attendance, consultee agrees to pay an amount equal to his or her customary psychotherapy fee for review of audio or videotapes. Hours of consultation time may be counted for review of videotape session only when both Consultee and Consultant are present. Payments may be by credit card or by check within 7 days of services being rendered. Consultee will provide 2 business days notice to cancel or reschedule consultation appointments or pay the standard fee.

Resolution of issues: Consultant and Consultee abide by their respective professional organizations' code of ethics. If any ethical issues arise related to the consultation relationship, Consultant and Consultee will make every effort to resolve them informally and with good will.



Andrew M. Leeds, Ph.D.  
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Signed: \_\_\_\_\_  
Date: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/ST/ZIP: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
License type: \_\_\_\_\_  
License #: \_\_\_\_\_  
Email: \_\_\_\_\_